

Natural Back Pain Relief



Hemp CBD Breakthrough

PERSONAL EXPERIENCE

My husband is in his 70s, is Type 2 diabetic, has 8 stents and has always had lower back pain (from years of physical abuse, spinal stenosis and a herniated disc). Then, after much thought, he decided to have back surgery from one of the top spinal centers in Los Angeles. Although the doctor continues to tell him the surgery was a success, my husband regrets ever having the surgery because of new pain in his lower back that is non-stop. The pain affects his whole mind and body. Perhaps you experience the same, and agree that at times it is debilitating!

STOP THE PAIN

Whether your pain is in your neck, back, knee or in your little finger, pain is pain. Pain can cause minor discomfort to unbearable excruciating physical and mental stress. So, what did we do to stop the pain? Continue reading, perhaps some of the items below will help you too.

CBD

Cannabidiol (or CBD) is a non-psychoactive cannabinoid found in the hemp plant (there are actually dozens of cannabinoids). Cannabinoids are the primary compounds that are produced by the cannabis plant. Oh no, I said "cannabis". Did your mind's eye suddenly picture a long-haired hippy guy smoking weed, you know... Marijuana? Well, a lot of people do, but did you know that hemp also comes from the same cannabis plant family? In my mind's eye, I see ropes made of hemp and cotton outfits worn by pretty cool people enjoying nature. Marijuana plants are primarily raised to produce the highest levels of THC (or tetrahydrocannabinol, the chemical that gives marijuana its psychactive effects). Industrial hemp, in contrast, is raised to produce high levels of CBD, with the lowest amounts of THC. You see, hemp has nothing hallucinogenic in it, so neither does CBD. (Read more about this at EdenHealthCare.com).

Therefore, cannabidiol is non-psychoactive because it does not contain enough THC to get you high. Additionally, since the advent of medical marijuana becoming more accessible, intense research is being done on CBD and its benefits on different ailments, including chronic pain. But, what CBD can do for back pain is literally just a drop in a bucket of what else it can do! CBD has been beneficial for:

Anxiety & Stress
Arthritis
Cancer
Cancer treatments
Cardiovascular disease
Depression
Diabetes
Epilepsy
Inflammation

Insomnia
Multiple Sclerosis
Neurological disorders
Neuropathy
Pain
PTSD
Seizures
Sleep disorders
Spasm

Anxiety
Arthritis
Cancer
Cancer Treatments
Cardiovascular Disease
Depression
Diabetes
Epilepsy
Inflammation
Insomnia

Multiple Sclerosis
Neurological
Disorders
Neuropathy
Pain
PTSD
Seizures
Sleep disorders
Spasm
Stress

**Take control of your health today!
No better time to take care of YOU!
Be there for those you love and
for the ones who love you.
YOU CAN DO IT!**

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Juices / Smoothies / Tonics
- Great Prices on Supplements
- Resources

To Order CBD - Best Quality & Prices
We carry Green Roads - the ONLY licensed
compound pharmacist formulating CBD
products in the entire U.S.A.
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HOW CBD WORKS

I have read a lot of scientific data on what makes up the compounds in cannabis, and, honestly, many of them were too technical for me. But, here is what I do understand: There are two different cannabinoid receptors found in the body, CB-1 and CB-2. CB-1 receptors are responsible for marijuana's psychoactive effects; they effect memory, mood, sleep and pain sensations. CB-2 receptors are responsible for anti-inflammatory effects and found in the immune cells. Additionally, CBD has a great attraction for CB-2 cells which thus makes it a natural anti-inflammatory and immune enhancer. Perhaps why CBD has proven highly beneficial with seizures, neurological conditions and anxiety disorders, along with being a great digestive aid. It also fights against cancer and cancer cells because of its powerful immune effects, thus improving emotional conditions. It has shown to be completely safe and non-addictive, with very few side effects. However, I have read that since each person is different, it is recommended a person start with a low dose and work up to a higher one.

PAIN BREAKTHROUGH

What we read online about CBD seemed too good to be true, so we to tried it for ourselves. My husband uses the 150mg of CBD pain cream, applying directly on the area of his back pain, and in minutes he is pain free. (WOW... "drop the mic!") The same cream got rid of a chronic skin lesion he had that his doctor could not and would not remove. It had a very rough and raised surface about 1.5" long, and then was an open sore for several weeks that would not heal (after he pulled off the top layer because of the constant irritation). (*And the doctor wouldn't take it off!*) After three applications of the cream, it healed and is shrinking. (WOW... and drop the mic again!)

We decided to go with a manufacturer called Green Roads for several reasons - ♣ they're dedicated to continue to better their products; ♣ accomplished Licensed Pharmacists work with them; ♣ their products are manufactured in an ISO6 Clean Room; ♣ they personally helped children who suffer severely with seizures; ♣ they partnered with the Cancer Society; ♣ their numerous positive customer testimonials; and ♣ they follow current laws to make sure their products are legal.

DIET

After my husband's 3rd heart attack (8/2016), we started a healthy eating plan; you know, eating chicken, fish and vegetables. But, only 7 months later he had another heart attack and we wondered what

else could we do. We watched Fork Over Knives, What The Health and Fat, Sick & Nearly Dead. This motivated us to go vegan (what else was there to do?). We bought vegan and vegetarian cookbooks, and it really hasn't been so bad. (Hey, let's be real, we're not doing this to save the planet or the piglets.... we love meat..... we're doing it for our health. We want a good quality of life to enjoy.... don't you?) The cookbooks helped tremendously; you'll realize that vegan or vegetarian is not just eating rabbit food. My husband loves the layered portabella thing I created..... says it tastes like steak! Two weeks after going vegan, we both feel a lot better, with more energy and clear skin. In fact, my husband has what the doctor calls a type of psoriasis that is pre-cancerous. His psoriasis is clearing, and he lost 5 pounds..... go figure!

Remember, if you go vegan, it is recommended that a person supplement their diet with B12 because it is only obtained from meats.

JUICING

We also juice; we have a vegan protein smoothie in the morning with an apple (no seeds), two carrots, and handful of kale. The protein is made from vegetables because I learned that animal protein can cause inflammation. We use Source Naturals Vegan True Vegantein Complete from All Star Health (link is at edenhealthcare.com).

CBD products we recommend:

- 550mg CBD Oil - \$94.99 (reg. \$99.99)
- 1000mg CBD Oil - \$169.99
- 1500mg CBD Oil - \$219.99 (reg. \$225.00)
- 200mg CBD Frog Gummies - \$34.99
- 150Mg CBD Pain Cream - \$39.99
- CBD Calming Tea - \$34.99
- CBD Coffee - \$49.99

**To order CBD Pain Relief
or other CBD Products,
even for pets, go to
www.edenhealthcre.com
they offer free shipping**

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